

The Challenges of Luer lock connectors in intravenous (IV) sets

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Stress cracking of Luer lock connectors in intravenous (IV) sets refers to the development of small fractures or cracks in the plastic components of these connectors, which can potentially compromise the integrity and safety of the IV administration system.

This issue is a significant concern in healthcare settings, as it can lead to various complications for patients receiving intravenous therapy and for the medical teams treating them.

# **Major Causes**

- Material Degradation: Luer lock connectors are typically made from medical-grade semi rigid plastics, such as Polycarbonate (PC), Acrylonitrile Butadiene Styrene (ABS), Rigid Polyvinyl Chloride (PVC) etc. Over time, exposure to various factors, including temperature fluctuations, UV light, and chemical disinfectants, can cause these materials to degrade. When this happens, the connector can become brittle and prone to cracking.
- 2. Stress and Wear: Luer lock connectors are designed to be repeatedly connected and disconnected during IV therapy procedures. The mechanical stress applied during these connections and disconnections, combined with chemical stress from the infused drugs and disinfectants applied before or during the connection, can weaken the connector's structure. Over time, this stress can lead to microcracks or fissures in the connector.
- **3. Chemical Exposure:** Some disinfectants and cleaning agents used in healthcare maybe very aggressive to plastic Luer lock connectors. Prolonged exposure to these chemicals can accelerate material degradation and increase the risk of cracking.

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# Implications

- **1.** Contamination Risk: Cracked Luer lock connectors can compromise the sterility of the IV system, potentially allowing for the introduction of contaminants into the bloodstream, which can lead to infections and other complications in patients.
- 2. Fluid Leakage: Cracks in the connectors can result in fluid leakage, leading to inaccurate medication delivery and potential harm to the patient. Fluid leakage, whether drugs or blood can be harmful to medical teams resulting from exposure to harmful drugs and to blood borne pathogens.
- **3. Flow Interruption:** Partial or complete failure of the connector due to cracking can interrupt the flow of medications and fluids, or cause blood loss, affecting the patient's treatment plan and potentially requiring the replacement of the entire IV set.
- **4. Air Embolism:** Vascular air embolism occurring when air or gas enters into the vascular system, is a rare but potentially fatal event. All that is required for air embolism to occur is a leak between the vascular system and the atmosphere, and a pressure gradient favorable for air entrainment. A crack in the infusion line can constitute a port of entry for air or gas.

Rigid or semi-rigid plastics can indeed become brittle over time due to a combination of factors, including exposure to environmental conditions, mechanical stress, and the natural aging of the material.

# S2R connector is comprised of a Polyethylene(PE) Rotator:

**Polyethylene** is a type of plastic that offers certain advantages when used as a material for Luer lock connectors, especially in the context of IV sets:

### • Flexibility and Durability

Polyethylene is known for its flexibility and resilience. It has a lower tendency to become brittle compared to some other rigid plastics. This flexibility allows it to withstand mechanical stress, including repeated connections and disconnections, without developing microcracks as easily. This flexibility also reduces the mechanical stresses induced on the female connector it is connected to.

### Chemical Resistance

Polyethylene is generally resistant to a wide range of chemicals, making it less prone to chemical degradation when exposed to cleaning agents or disinfectants commonly used in healthcare settings. This resistance can help maintain the structural integrity of the connector over time.

### • Lubricity as a material property

Lubricity refers to a material's ability to reduce friction or resistance when in contact with another surface. Rigid plastics are known for having a relatively higher coefficient of friction, which means they can be less slippery or smooth. Polyethylene, is known for its higher lubricity. It has a smoother surface and a lower coefficient of friction, which makes it more slippery and easier to disconnect when compared to rigid plastics.

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#### • Reduced Risk of Cracking

Due to its flexibility and resistance to environmental factors, polyethylene connectors may have a reduced risk of developing cracks and becoming brittle compared to more rigid plastics.

#### • Ease of Disconnection

The smoother surface of polyethylene connectors results in reduced friction when disconnecting them from other components of the IV set. This reduced friction makes it easier for healthcare professionals to separate the connector without applying excessive force.

#### • Minimized Risk of Damage

Easier disconnection with polyethylene connectors can be advantageous because it reduces the risk of damaging the IV set or catheter during the disconnection process. Minimizing the risk of damage is crucial for patient safety and comfort.

#### • Efficiency and User-Friendliness

Connectors with higher lubricity, like those made of polyethylene, contribute to the efficiency of medical procedures. Healthcare providers can work more smoothly and quickly, ensuring that patients receive the care they need without unnecessary delays or complications.

#### Connection safety

Although enabling easy disconnection, the polyethylene connectors also provide a safe connection which is not easily disconnected, a factor that further enhances patient and medical teams safety.

## References

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